

PACKING LIST

CLOTHING

HYGIENE / MEDICAL

MISCELLANEOUS

	belts		antacid		alarm clock
	blouses		antibiotic		batteries
	bras		antihistamines		calculator
	boots		antiseptic ointment		camera/film
	coats		Band-aids		cash
	dresses		birth control		clothesline
	gloves		body cream		corkscrew
	hats		brush/comb		earplugs
	jackets		contact lenses		electrical converter
	Jeans		cotton swabs		&: adapter plugs
	long t -shirt		diarrhea medicine		eyeshades
	panties		dental floss		filmshield
	pantyhose		deodorant		flashlight
	rain/sun hat		face soap/cleanser		games/ playing cards
	raincoat		foot powder		glasses
	scarves or kerchief		insect repellent		guidebooks
	shirts		Kleenex		highlighter, (for maps)
	shoes, dress		lip balm		journal
	shoes, walking		magnifying glass		laundry detergent
	shorts		makeup		luggage locks
	skirts		mirror		luggage tags
	slacks		moleskin		pens/pencils
	sleepwear		motion sickness remedy		phrase book
	slippers		muscle relaxant		pillowcase
	socks		nail brush		(doubles as laundry bag)
	suits		nail clippers		pocket calculator
	sweat suit		nail file		reading material
	sweaters		nail polish & remover		Woolite
	swimsuits		nasal spray		rubber bands
			Pepto Bismo		rubber door stopper
			prescription medications		safety pins
			razor/blades		scissors
			shampoo/conditioner		sewing kit
			sunblock		stationery
			surgical mask		sunglasses
			Sting Stop gel		tape recorder/tapes
			tampons		watch
			toothbrush		water bottle
			toothpaste		whistle
			tweezers		zip-lock bags
			thermometer		
			Tylenol/aspirin		

